



Minutes of the May 27, 2009 Meeting, Project Refuge:

A Collaborative Continuum of Care (CCC) for Women and Children

Healing the Multigenerational Addicted System

Sponsored by Family Nurturing Center, Donna Elefante, Director

Hosted by Oneida County Department of Health,

Linda Nelson, Director,

and

Division of Substance Abuse Services, Taralyn Colon, Director

The Mental Health Department of Oneida County, New York hosted Planning
Group Meeting # 3

May 27, 2009: Minutes of Meeting

And was sponsored by FNC, Donna Elefante, Director

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Cassandra Sheets, Mohawk Valley Council on Alcoholism/Addictions,

Cassandra@MVCAA.org

MINUTES OF THE MAY 27, 2009, 3RD MEETING, CCC CITY OF REFUGE,

Meeting opened with introductions and overview of Project and previous meetings

Jene Radcliffe-Birch opened with an over view of the Refuge Project: Collaborative Continuum of Care (CCC), for the new attendees, and related history and career background: an over view of her delegacy to the United Nations of the 53rd Session of the UN World Conference on the Status of Women.

Why is Utica, Oneida County, NY the place for this City of Refuge Model? Because Utica and Oneida county has always been a City of Refugees. Utica has received refugees since its origins. It has great bones and many of the elements and services needed to successfully service women and children, through treatment and healing the multigenerational system of addiction. Hence The City of Refuge: Collaborative Continuum of Care Model/Pilot is formed and put into action here in Utica, Oneida County, New York. Once successful, then extrapolate this model/pilot into various environs and cultures.

Stage I Intervention:

Women and children worldwide suffer from addictions that destroy them and their families through the generations. Project Refuge constructs a Continuum of Care that heals multigeneration addicted systems. Where are the holes in the present system? (See minutes 2/19, 4/23, 5/27 meetings) We reviewed the present Interfacing Intervention Systems. There are a number of intervening persons and agencies; many are connected with the Court system; a few are community based. The Hole here is an organized, systematic, invitational approach that segues into detox with a case history and support of I teams with Utica/Oneida County the intervening agencies.

Then we reviewed the components of Invitational Intervention "Love First," gather histories, form intervention team, the move to Detox, Resources: Judith Landau M.D., Rebecca Flood, New Directions for Women; Johnsonian Interventionist; James Garrett, LCSW, a founder of ARISE Interventions. (www.Linkinghumansystems.com)

Case histories need to be obtained at the time of intervention, to be passed on to treatment coordinators for comprehensive detox and treatment goals. The use of Invitational Intervention System needs to be created and integrated.

Stage 2 Detox: A Hole

Detox is **Key**; Utica/Oneida has no detox (Stage #2). Hence there is no continuum of care linking Intervention (Stage 1) to detox to intensive inpatient rehab (Stage 3). Using parallel lines of time and treatment, meeting with family children to begin their treatments and healing continuum, as well as providing safe living environments for women and their children. This Intervention/Detox component care in the very beginning begins the establishment of self worth and safety, which becomes the corner stone to sobriety. A proper supervised balanced approach to detox medication...The client feels safe, supervised, able to balance feelings and start to process sobriety with the containment of a physical, psychological safe space to become first stage sober. 7/15 Consultant Dr. Melissa Warner, Farley Clinic, VA

In regards to a Detox: 1) OASAS

2) Hospital Administrations against Detox Resources:

Re-approach local hospital resources

Create a Detox

Bring in Detox Farley Clinic Detox specialist

(Also a need to connect Detox with Intensive Inpatient Rehab 30-90 day and with Stage 1 Intervention.)

Stage 3 Initial Intensive Rehab 30-90 days: A Hole -- limited initial intensive treatment for women; almost none for Women and their Children

Intensive rehab. parallel for children: a safe place so women know their children are receiving help and can hence concentrate on their own recovery free from anxiety and stress about the safety of their children. Children of addicted / alcoholic families have experienced the trauma of addiction and then repeat the patterns (repetition compulsion). Addicts knowingly or otherwise create chaos and catastrophe and inflict stress upon the people closest to them. Using the Systemic Model we can use the loving Invitation to heal, provide safety, comfort, and boundaries in our model. In fact a study in Southern California by Kaiser Permanente shows of 65,000 respondents that 85% of addicts report a trauma history that precedes actual addiction.

Stage 4: "Family Home" Model

Long Term Recovery 1-3 year program; The Family Home Model: Johnson Park and Insight House are resources at present, "Family Homes" as a burgeoning efficate treatment gestalt.

Part 1) the 1st year resources/services come in to the home.

- 1) 24-Hr "House Parents" (Draw from FNC)
- 2) In Home Education at all levels (AAUW a resource)
 - A. Parenting and life skills
 - B. Treatment continuum (Individual, group, family, addiction treating Dual Diagnosis/Complex PTSD
Consultant Rebecca Flood, CEO NDFW, Costa Mesa, CA

Stage 5: Transition to Community

1. Fewer holes here -- a number of growing resources
2. AA 12-steps
3. Public schools
4. Job trainings / resume building / applying for jobs / interview skills

Stage 6: Integration into Community:

This area is also an area of present resource and growth, the connection to the continuum provides continuity of support.

Buy/rent own homes

Stay together as multi-family (optional)

Come out into the community living with heart, mind, body and spirit healed (fear-mind killer, and shame-spirit killer).

The Stage 5, Transition to Community, and Stage 6, Integration into Community, are part of the great bones of the present Caregiver Continuum.

No real Holes. We will explore options for both Stages 5 and 6 that will enhance the processes of these last two stages at a later time.

Summation:

- 1) Re funding for the future: Private, International, United Nations. UN global International
Fall fundraiser for Project Refuge in conjunction with Women International Day of Peace; Tribeca Film Winning film, Abby Disney's "Pray the Devil Back to Hell"
- 2) Jamal's Article on housing first; 70 % of homeless are women. Housing be dealt with first, then chunk down to our other areas of need.
- 3) Transport costs for other speakers and experts needed to guide consult fees. Mohawk Valley Council on Alcoholism/Addictions. Cassandra Sheets, Director
- 4) Adam Rueben - move on.org for information on Obama Administration and stimulus funds for Mental Health and Addiction
- 5) HUD Housing Expertise -- Margaret Rafferty. HUD Representative, Buffalo, NY
- 6) Intervention Training -- ARISE, James Garrett, LCSW, Jene Radcliffe-Birch, LMFT; Rebecca Flood, CEO NDFW, Johnsonian
- 7) Need Detox Facility: Recovering physicians, nurses, ARISE, Johnsonian Interventionists / personnel resources for Detox.
The Farley Clinic- Williamsburg, Virginia --Dr. Melissa Warner, Arnie Zepel and Stephanie Loeb, R.N.,
- 8) Jene Radcliffe-Birch will be in Utica 6/24-26 for meetings and FNC Fundraiser. If you would like to schedule a meeting, 617-628-2346 or jradcliffe-birch@comcast.net.

We adjourned scheduling the next meeting "Consultation Day" 7/15/09, site TBA 8:30 am -4:30 pm



FNCCNY

Invitational Interventions Training

for

Utica: City of Refuge Pilot/Model Project: A Collaborative Continuum of Care: Healing Women and Children of the Multigenerational Cycle of Trauma/Addiction**

Feb. 4 and 5 2009, 8:30 am to 4:30 pm

1607 Genesee St. Utica NY (RCIL)

Presented by:

OVA (One Voice Alliance of Women) Jene Radcliffe-Birch,* Pres.
New Directions for Women, Rebecca Flood,* CEO, Costa Mesa, CA

Sponsored by

FNCCNY, Donna LaTour-Elefante, Exec. Dir.

Day 1: Feb. 4, 2010, 8:30 am - 4:30 pm; Systemic Community Resilience

Intervention Model (SCRIM); Who should attend: All stakeholders in Addiction/Recovery field; especially those in the community frontlines and supervisors; Primary facilitator, Jene Radcliffe-Birch;* co-facilitated Rebecca Flood,* Arnie Zepel*

Day 2: Feb. 5, 2010, 8:30 am - 4:30 pm Modified Johnsonian Model, How to

Become an AIS Bd. Reg. Interventionist Who should attend: ADAC, LMFT, LCSW, Psychologists, MD's, Nurses, LMHC., Clergy;

Primary Facilitator: Rebecca Flood; co-facilitating: Arnie Zepel; Jene Radcliffe-Birch.

Training Structure (Didactic and Experiential)

1. Invitational/Motivation
2. Research/Assessment
3. Team building/Resourcing
4. Intervening
5. Summation/Integration

Tuition: \$25 per day or the 2 days for \$40; Scholarships available to students, seniors, and volunteers with identification

Credentialing: A certificate of attendance upon request will be issued to all attendees; NDFW is a Continuing Education Provider: Board of Behavioral Sciences - Dept. of Consumer Affairs, Sacramento, CA, Approval No. PCE 3583; (LMFT's, LCSW's, etc.); The CA Foundation for Advancement of Addiction Professionals (CFAAP), Provider No. 1N-05-548-1011; (credits requirements of CAADAC and the CFAACP Education Board for CAC's); reciprocity with NY State

**** Utica Mayor David Roefaro** announces support for the Utica: City of Refuge Project, 12/14/09
***Jene Radcliffe-Birch:** LMFT, CTR Interventionist; Founder/President OVA, United Nations Delegate CSW 2009-2010; 50 years Healing Trauma and Addiction in Women and Families, Creator of Passagework, Meditations for Survivors, and SCRIM; offers Trainings, Workshops and Retreats worldwide
***Rebecca Flood:** MHS; LCADC; NCACII; President, Assn. Intervention Specialists BR-II; CEO of New Directions for Women, Costa Mesa, CA; 30 years experience in Addiction/Recovery Field; Expertise in Program Development, Implementation and Evaluation
***Arnie Zepel:** National Service Representative, Farley Clinic, Williamsburg, VA; Interventionist 40 plus years in Addiction/Recovery

REGISTRATION FORM

Invitational Interventions Training

for

Utica: City of Refuge Pilot/Model Project: A Collaborative Continuum of Care: Healing Women and Children of the Multigenerational Cycle of Trauma/Addiction**

We encourage all participants to attend both days

TUITION: \$25 per day or the 2 days for \$40; scholarships available to students, seniors, and volunteers with identification; Refreshments and Lunch: \$15 per day

All attendees must pre-register! Payment can be accepted at the door for training fees and lunch. This is only with pre-registration.

NAME _____

AGENCY _____ POSITION _____

PHONE/LICENSURE _____ EMAIL _____

WHAT TYPE OF CREDENTIALING WILL YOU REQUIRE? (CEU's for professionals, ie., LMFT's, LCSW's, ACA's, etc. There will be a \$10 administrative fee for issuing of CEU's) _____

REGISTRATION AND TUITION FEES

All registration, checks and credit cards to:

Family Nurturing Center; c/o Donna LaTour-Elefante; 209 Elizabeth St. Utica, NY 13501; 315-738-9773; email: admin@FNCCNY.org (flag City of Refuge)

CHECK ALL THAT APPLY:

DAY 1 Feb. 4 Training \$25 _____

DAY 1 Feb. 4 Lunch \$15 _____

DAY 2 Feb. 5 Training \$25 _____

DAY 2 Feb. 5 Lunch \$15 _____

BOTH DAYS Feb. 4-5 Trainings \$40 _____

BOTH DAYS Feb. 4-5 Lunch \$30 _____

TYPE OF PAYMENT

Check enclosed _____

Credit Card type and # _____

Cash (at the door; must pre-register) _____