

The OVA Synopsis 2005-2010 *A View to The Future 2010-2015*

One Voice Alliance of Women (OVA) was founded 2005, in Seneca Falls, N.Y., Home of our ForeMothers, who brought forth the **First Women's Rights Convention** and the **Declaration of Sentiments** (Women's Bill of Rights) 1848.¹

We now unfold to you **OVA's** first five year plan. **OVA** was incorporated in 2006 as a 501(c)3. We deepened our roots in the "Free Soil"² of Central and Western N.Y. State. **The GrandMother Document** was created outlining **OVA's** first Five Year Plan, Mission Statement and Precepts³ and presented at **The Seneca Falls Symposium**, Seneca Falls N.Y., April 2006.

In 2007, **OVA** presented the **Women's Festival for Convention Days and the Women's Film Festival and Forum**, Seneca Falls, N.Y., the 159th Anniversary of Women's Rights; in 2008, the 160th Anniversary, **OVA** created the **Elizabeth Cady Stanton March** from her home to the Wesleyan Chapel and the **Re-Signing of the Declaration of Sentiments**. In 2008 the **OVA's Girlz Choirz** led **The Elizabeth Cady Stanton March** and performed at **Convention Days**. The following March 2009, the **Girlz Choirz**⁴ performed at the United Nations 54th Commission on the Status of Women (CSW). December 2008 **OVA's All Media Arts Matrix (OVA AMAM)** was founded to promote Women in all art/media forms.

In February 2009, **OVA** commenced the first exploratory meeting in Utica, N.Y. of **Cities of Refuge**⁵, concomitant to Jené Radcliffe-Birch's first Delegation to

¹ Our ForeMothers source for inspiration from the Native American Haudenosaunee Equalitarian Matrilineal Iroquois Confederacy.

² "Free Soil Party" - a part of the Abolition Movement, mid 19th Century. "Free Soil" was the end goal of the Underground Railroad for slaves.

³ GrandMother Document Mission Statement and Precept at www.onevoicealliance.org

⁴ The Girlz Choirz performance can be viewed at www.onevoicealliance.org or www.earthchildinstitute.org

⁵ In the *GrandMother Document as Villages of Refuge*

the 53rd United Nations, Conference on the Status of Women (UN, CSW), February/March 2009. The UN, CSW was a revelation as regards today's International Slave Trade in women and children..... euphemistically called the "Trafficking in Persons"; the Harvesting of Women and Children into Slavery. (Conservatively, 8-10 million Women and Children missing in the Slave Trade by U.S Government statistics.⁶)

The conjunction of the 53rd UN, CSW Delegacy and the **Utica N.Y.: City of Refuge Pilot/Model Project** illuminated "an answer" of what "to do" with and for Women and Children coming out of Slavery⁷; A Place of Refuge, Safety, Healing and Compassion, **Villages of Refuge**.⁸ (Slaves chances of real permanent freedom are infinitesimal. Those freed by the intervention of the Law are usually jailed, only to be bailed out and returned to the purveyors, pimps and slave owners or families who sold them into Slavery).

In February 2009, **OVA** began a '**Cities of Refuge' Pilot/Model Project, a Collaborative Continuum of Care, to Heal Women and Children of the Multi-generational Cycles of Trauma /Addiction** in Utica, N.Y. The **Systemic Community Resilience Intervention Model (SCRIM)** was utilized as a vehicle to engage the Utica N.Y. Community to vitalize, organize, form and create said entity.

OVA has allied and collaborated with: the Family Nurturing Center of Central N.Y., Executive Director Donna Elefante; the Offices of Utica Mayor, David Roefaro; the Utica Police ; Family and Drug Courts; Oneida County Mental Health, Commissioner Linda Nelson; Mohawk Valley Council on Alcohol and Addiction, Director Cassandra Sheets; The Homeless Coalition, Director Steve Darman ; the Mohawk Valley Resource Center for Refugees, Director Peter Vogelaar; Utica Addiction and Recovery Programs; The Recovery Community; Colleges.

⁶ Trafficking in Persons Report, June 2007,updated 2009 – www.state.gov/g/tip

⁷ OVA intends to present as a "best practice" workshop at the 55th U.N. CSW. March 2011

⁸ See OVA's GrandMother Document - www.onevoicealliance.org

The collaborative connectedness of the ***Utica N.Y.: City of Refuge Pilot/Model Project*** not only addresses the co-occurrence of trauma and addiction, but the concomitant variables of poverty, homelessness, illiteracy, mental and physical health and socialization. Addicted/traumatized Women and Children present the majority, if not all, of these co-occurring conditions/variables. Present programs are compartmentalized to address only one or two of the conditions/variables... like homelessness and poverty with a treatment base that does not comprise nor address, trauma (Post Traumatic Stress Syndrome), addiction, violence, rape, domestic abuse, and which in most cases are indeed co-occurring. The ***City of Refuge Collaborative Continuum of Care*** addresses and intervenes the Community through the ***SCRIM Model*** to activate and vitalize the community to participate in the resolution of said issues which then produces for the community taxpayers, home owners, voters, service to the recovering communities, jobs, children who re/enter school, socialized and at grade level....***Women and Children*** freed of the ***Multi-Generational Cycle of Trauma and Addiction***.

From February 2009 to August 2010, the ***Utica N.Y.: City of Refuge Project*** began instituting:-

The Six Stages of The Collaborative Continuum of Care

Stage I - Invitational Intervention, SCRIM Model utilized⁹. Utica/Oneida County, N.Y. was provided a ***Community Assessment*** of services in July 2009 and the formation of the ***City of Refuge (C.O.R.) Board of Directors***. The first ***Invitational Intervention Training*** in February 2010 comprised the Johnson Intervention Model, led by trainer Rebecca Flood, MHS., LCADC, NCAC II, Executor Director/CEO of New Directions for Women. ***SCRIM Model***, trainer Jené Radcliffe-Birch, CTR Interventionist, LMFT, Executor Director/CEO Cities of Refuge; assisted by Arnie Zepel, Farley Clinic, Williamsburg, VA. A second ***Invitational Intervention Training*** is scheduled for late fall, 2010; ARISE Model

⁹ SCRIM and Johnson models are available in Powerpoint. Contact jradcliffe-birch@comcast.net

trainer, James Garrett, LCSW, co-founder of ARISE and **SCRIM** trainer Jené Radcliffe-Birch. In this second training, we will be focusing on the Utica Police and Family and Drug Courts participation as well as the Service Agencies and Community.

Stage II - Detox – A humane trained skilled staff and facility with gender and age specific tracks. Under the auspices of Utica Mayor Roefaro, we have begun negotiations with the Utica Hospitals to create a **Collaborative Continuum of Care Detox**. We are modeling the programs of Dr. Daniel Headrick’, Pacific Coast Recovery, Newport, CA.. We propose to institute a proven Detox program whereby Pacific Coast Recovery will train and pay local staff, supervise and handle payment fees and lack thereof. The local hospital provides space, food and custodial for which they receive 40% of the profit¹⁰.

Stage III - Intensive Rehabilitation, residency 30 to 90 days, gender and age specific tracks. Intensive Rehabilitation is 24 hour monitored, structured treatment program comprising all waking time with therapies, group, individual and family; resocialization; medication management.

This stage begins a transition to connect Utica and Project to regional State and federal Governments expertise and funding Sources; to create a campus of “Family Homes”, a free-standing Detox and Intensive Care Homes and finally “Family Homes” for the next stage IV.

Stage IV – Family Home, the Living Experience of Mothering. One to three years residency, Women and children, girls to age 12 and boys to age 10. Staffed by “Mothers” 24 hours a day: Trained by Family Nurturing Center and related, relevant trainings in Trauma and Addiction. All services will be delivered into the “Mothering Home” for the first year: Individual and Group

¹⁰ Pacific Coast Recovery has restructured a bankrupting Los Angeles CA hospital with its pioneering Detox facility and program.

Note: there are other organizations with similar programs available and we will also research them.

therapies; Meditation, “Brain Mastery”; Education/Skill Building; 12 Steps for Women; Parenting, Mothering and Socialization training.

The **“Family Home** is modeled from New Directions for Women, (NDFW), Costa Mesa, CA, Rebecca Flood, CEO. NDFW has developed a Continuum of Care with a recovery non-relapse rate of 60%; whereas non-collaborative high-end treatment centers that do not treat women with their children, have only a 20-30% recovery rate and a relapse rate of 70-80%. Through the **Collaborative Continuum of Care, Cities of Refuge Project**, Women and Children heal from “Victims” to “Survivors” to “Thrivings”.

Stage V - Transition to Community; Comprises Supported, Autonomous Transitional Living; continued job and financial skill building, education and therapies are out-sourced to the Utica Service Community. Utica has a number of Agencies and Services established and growing. **C.O.R.** linked with Victory House Director Margaret Marie Remp, Psychologist, supporting the proposed creation of an individual family apartment living complex... *boundaried support services* and an opportunity to practice *independent supported living*.

Stage VI - Integration to Community. As is true in Stage V, a number of Agencies and Services are established and growing in Utica, N.Y. that facilitate Independent Living; Jobs, Homes/Apartments and on-going Therapy programs.

Stages V and VI will expand as we proceed and grow the **Collaborative Continuum of Care**.

Now whole, healed, free Women and Children, home-owners, job holders, voters, tax payers and models of health. Children who are socialized, school-ready, re-entering at grade level.

Now... Women, Children and Family Healed ...Ended... the ‘Multi-generational Cycles of Trauma and Addiction’. Women and Children, Families “Thriving”. A new Legacy of Health and Wholeness gifted to the Generations to come.

We have now completed the unfoldment of the ***OVA's Synopsis***, Herstory from 2005 to 2010. A chronological enumeration below.

- **2005**
July, Jené Radcliffe-Birch, ***OVA'S*** Founding GrandMother, first Pilgrimage/Journey to Seneca Falls N.Y., **Convention Days**.
August , Initial exploratory meeting of the FoundingMothers of ***OVA*** , Corea , ME. Created ***OVA*** Mission Statement and Precept.
- **2006**
March/April, the GrandMother Document created.
April, the Seneca Falls Symposium, introduction to the Seneca Falls, N.Y. community.
August, ***OVA*** becomes a 501(c)3;.
- **2007**
July, Convention Days ,the Womens Festival Womens Film Festival and Forum, Seneca Falls, N.Y..
- **2008**
July, Convention Days Elizabeth Cady Stanton March.
Re-Signing of the Declaration of Sentiments.
Womens Film Festival and Forum.
September, the creation of the Girlz Choirz.
December, formation of OVA All Media Arts Matrix (OVA AMAM) and Board of Directors created Mission Statement.
- **2009**
February, Cities of Refuge first exploratory meeting, Utica, N.Y.
February/March, Jené Radcliffe-Birch's first delegacy to the 53rd U.N. CSW.
July, Utica N.Y. City of Refuge Pilot Model Project Community Assessment process and formation of the C.O.R. Board of Directors.
July, Convention Days, Girlz Choirz Journey to Senenca Falls, Convention Days and Performances in Seneca Falls N.Y..
- **2010**
February, Utica City of Refuge first Invitational Intervention City of Refuge training.

February, Utica Mayor David Roefaro facilitates connections to Utica Hospital for Detox program.

February/March, Jené Radcliffe-Birch's second delegacy to the 54rd U.N. CSW.

March, Girlz Choirz performance at the U.N. 54th CSW, advocating a Fifth World Conference of Women (5WCW),

August, Chris Schroeder, internet/TV director and host "Afflicted and Affected" and Beth Wilson, TV producer/director/host in the "Sisterhood" create and film a History of **OVA, Cities of Refuge** and Jené Radcliffe-Birch. Episodes to be shown in Autumn 2010.

- **"2011**

February/March, OVA's "Best Hope" is that we will present the **Cities of Refuge Projects** at the 55th U.N CSW as a "Best Practice" Workshop on Human Trafficking, in conjunction with Jené Radcliffe-Birch's third Delegacy.

Our first five years was accomplished with funding of \$40,000.00 (\$8,000.00 per year). **OVA's** Projects were supported by grassroots organizing of Resources and accomplished with the contributions of time, expertise, travel and training fees from the local Western and Central N.Y Community, the National Recovery Movement and **OVA's** Founding GrandMother.

OVA's View to the Future

The second Five Year Plan, 2010 - 2015.

As **OVA** begins our second Five year Plan, we are ready and needful to fund our Projects at the next level expanding on the Foundation of 2005 - 2010.

OVA, Cities of Refuge and Girlz Choirz/AMAM and other related projects are primed to carry forward the Mission and expand our Programs. These projects need:

Staffing; salaries for **OVA** CEO C.O.R. Executive Director and **OVA's Girlz Choirz/AMAM** Artistic Director, Secretary Administrative, Grant Writer and media Consultant.

The Virtual Reality Office; computers, iPads, iPhones, printer/scanner/copy machine.

Trainings and Trainers; OVA Board, COR Board, Invitational Intervention Leadership, Family Nurturing and Expert related Training in Trauma and Addiction.

Expenses for the OVA C.O.R. Projects Presentation as a “Best Practice” at the 55th UN CSW. 2011

Travel, Lodging; Accommodations, transport and related expenses etc..

OVA’s Mission “Empowering Women through Entertainment, Education and Experience” ... URGENT...***OVA’s Message;*** “Free all Women and Children from the enslavement of Patriarchy; whether it be Poverty, Violence ,War, Trauma, Addiction; Slavery in all its forms. To create a Whole and Healthy Earth for All Living Beings”. Please help us to realize ***The Dream.*** “Free at last! Free at last! All God’s Children, Free at Last!”¹¹

¹¹ Martin Luther King. “Free at last” speech, Resurrection City, Washington Monument, Washington DC, 1968.